

## **An Introduction to Holy Saturday from Fr Allan.**

### **THIS IS FROM AN ANCIENT HOMILY FOR HOLY SATURDAY - The Lord's descent into the underworld.**

“Something strange is happening - there is a great silence on earth today, a great silence and a great stillness. The whole earth keeps silence because the King is asleep. The earth trembled and is still because God has fallen asleep in the flesh and he has raised up all who have slept ever since the world began. God has died in the flesh and hell trembles with fear.”

The full homily is to be found in the Office of Readings for Holy Saturday. It is a very beautiful reading. It sets the atmosphere for today. We are invited to “be still with the Lord”. Perhaps this year we have more of an opportunity to do this. Several people have told me that they value this quality time. This time that they are able to spend with the ones with whom they are isolating. They value that they do not have to rush here and there. Lent may be over but our fasting continues so that we will be hungry to receive the Risen Lord into our hearts once again this Easter.