

Reflection for Good Friday from Fr Allan

The Friday They Call Good

Father in sympathising with Christ on his cross we are sympathising with suffering people everywhere.

We are joining our prayers to the prayers of
the hungry and the thirsty, the hurt and the lonely,
the sick and the dying, the outcast and the refugees.

We are uniting ourselves with

All who are oppressed, all who are known innocents who are condemned to death

All who are betrayed by their friends.

We are sharing in the pain of

All who are adjudged fools by the people they have served all their lives,

All who are nailed to the cross of other men's sins and stupidities,

All who feel in their hearts that you, God, have abandoned them.

We believe that Jesus Christ, your Son,

is also the Son of Man.

We believe that in him all mankind has suffered, been humiliated and died.

But we are confident too, that by his bruises all of us are healed.

That is why, Father, we take our place at the foot of his cross,

Knowing that Good Friday is really good because of him who loved us
and gave himself up for us.

Peter de Rosa (b 1932)