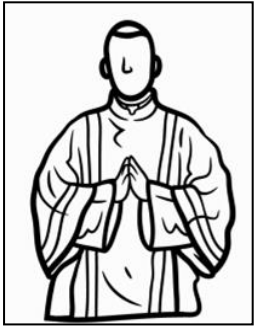




Catholic Churches serving southern RCT
Parishes of the Archdiocese of Cardiff
Registered Charity No. 1177272

To Contact Pastor Gareth,
Email: gareth.leyshon@rcadc.org
Call: 01443 402439

Pastor Gareth and Lizzy write: **BE PREPARED**



“Even the Evil Spirits obey him!” We can see the power of Our Lord in today’s Gospel, he has the authority to do all things. We, in response, get to be God’s children and live for him. How can we best live for the King of Kings? It’s so important that we keep our eyes on the Lord through all our days!

In less than two weeks, Lent will be upon us. How can you prepare your heart for Lord of Lords in this upcoming season? Could you fast from a worldly good? Could you find some way of growing closer to our Lord through a new devotion or prayer? Could you give time or money for charitable things, serving the world that God created? We, as Catholics, need to be spending time preparing our hearts for the Lord.

As part of this preparation, we ask that you return your palm crosses from last year to church over the next couple of Sundays, that they may become the ash that we will use on February 14th (Ash Wednesday). From ash we come; to ash we shall return. The palms are a beautiful symbol of this journey, coming from dirt (the roots of a tree) and returning to ash, as our mortal bodies will in the days to come. We know that is not the end of the story – but before Easter, Lent!

First Communion Enrolment

Next weekend at Mass, the children who hope to receive First Holy Communion this summer, will be presented to our congregations so we can pray for them as they prepare for the Sacrament of Reconciliation and Holy Communion. As part of our 5 minutes a day praying for our Pastorate, do pray for both young people, and their families, as they prepare to receive Jesus in the Blessed Sacrament each week.

At St Dyfrig’s we welcome a special guest this week – Fr Elliot Hansen is chaplain to students in Cardiff. He is visiting to meet students at St Dyfrig’s and encourage participation in the student retreat running in Cardiff 1-3 March.

Upcoming events:

Jumble Sale	St Dyfrig’s Hall	Saturday 27 th January at 1pm
Ways of Praying (The Rosary)	Zoom	Monday 29 th January at 1:45 pm
Following Christ: Session 2	St Dyfrig’s Presbytery + Zoom	Monday 29 th January at 7pm
Young Disciples	St Mary Magdalene Hall	Monday 29 th January at 7pm
Church Cleaning	St Dyfrig’s Church	Wednesday 31 st January from 10:30am
UCM Meeting	All Hallows’ Hall	Thursday 1 st February at 2:15pm
Eucharistic Adoration	All Hallows’ Church	Saturday 3 rd February after mass
Afternoon Tea	St Dyfrig’s Hall	Friday 9 th February at 2pm

For more information on any of these events, please contact treforest@rcadc.org – also contact if you wish to book a place on the Ways of Praying or Following Christ courses.

Ash Wednesday, 14th February, is a Day of Fasting and Abstinence. Every Catholic over 14 is asked to abstain from meat; every Catholic aged 18-60 is asked to fast by eating not more than one modest meal and two snacks. (Medical exemptions apply.) Younger Catholics should join the spirit of the day as much as they are able. Masses with Ashes are:

10 am at All Hallows 10.45 am at Ss Gabriel & Raphael 7 pm at both St Dyfrig’s and St Mary Magdalene

4th Sunday of Ordinary Time, Year B

Entrance Antiphon: ***Save us, O Lord our God! And gather us from the nations,***

To give thanks to your holy name, and make it our glory to praise you.

Psalm response: ***O that today you would listen to his voice! Harden not your hearts.***

Gospel Acclamation:

Alleluia, Alleluia!

Blessed are you, Father, Lord of heaven and earth,

For revealing the mysteries of the kingdom to mere children. Alleluia!

Communion Antiphon: ***Let your face shine on your servant. Save me in your merciful love.***

O Lord, let me never be put to shame, for I call on you.

1st Reading: Deuteronomy 18: 15-20

2nd Reading: 1 Cor 7: 32-35

Gospel: Mark 1: 21-28

Please pray for the recently deceased in our churches:

Kevin Power

John Dagleish

Elwyn Williams

Please also remember in prayer all our sick and housebound.

Our Churches:

St Dyfrig's, Treforest

Email: treforest@rcadc.org

Call: 01443 402 439

Address:

St Dyfrig's Catholic Church,
Treforest,
Pontypridd
CF37 1DB

St Mary Magdalene, Ynyshir

Email: rhondda@rcadc.org

Call: 01443 421 929

Address:

St Mary Magdalene
4 Gynor Ave,
Porth
CF39 0NH

Ss Gabriel & Raphael, Tonypany

Email: rhondda@rcadc.org

Call: 01443 421 929

Address:

S.S. Gabriel and Raphael
13 Trinity Road,
Tonypany
CF40 1DQ

All Hallows, Miskin

Email: llantrisant@rcadc.org

Call: 01443 228 866

Address:

All Hallows' Catholic Church
School Rd, Miskin,
Pontyclun
CF72 8P

The Pope's January Prayer intentions:

For The Gift Of Diversity In The Church

Let us pray that the Holy Spirit helps us recognize the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.

Parish Directory

Baptism	Wendy Marsh
Becoming Catholic	Pastor Gareth
Confirmation	Lizzy de-Ste-Croix (St Dyfrig's office)
First Communion (St Dyfrig's)	Teresa (07500668424) & Alan de-Ste-Croix
First Communion (All Hallows)	Sarah Horton (07447456824)
First Communion (Rhondda churches)	Through St Gabriel and Raphael School
Weekend Club	Marita Fernandez (07960206916)
Hall Hire (St Dyfrig's)	Contact: treforest.hall@outlook.com
Hall Hire (All Hallows')	Pamela Harding (01443556796)
Maintenance (All Hallows')	Shamus Harding (01443556796)
Marriage	Pr Gareth
Mass Intentions	Individual Parish Administrator
Music Ministry (All Hallows')	Teresa Bressington (07599155418) Anne Thomas (organist)
Music Ministry (SS Gabriel and Raphael)	Bridget Green (organist) David Hoban (folk group) (07811707458)
Music Ministry (St Mary Magdalene)	Joachim Biddulph
Music Ministry (St Dyfrig's)	Chidie Ejiogu (07950642266)
Newsletter	Parish Offices
Safeguarding (St Dyfrig's)	Maggie White (01443 410593) or Roy Mayo (01443 209850)
Safeguarding (All Hallows')	Suzy Stacey (07734 701449) or Diane Franks-Herbet (07999 891 009)
Safeguarding (Rhondda churches)	Maria Hughes (07811011674)
UCM – Union of Catholic Mothers	Suzy Stacey (07734 701449)

HOSPITAL CARE

To arrange communion for someone in hospital, contact:

Royal Glamorgan (RGH)
Marita Fernandez,
mfwhat58@hotmail.com
07960 206916

Llwynypia Hospital
Sr Berenice (Parish Sister for the Rhondda Parishes)
Via Tonypany Parish

Cardiff Hospitals (UHW)
Call 02920 747 747 and ask for the on-call Catholic Chaplain

Collection figures (21st January):

St Dyfrig's

Gift Aid: £187.00
Loose Plate: £280.56
Standing Orders: £239.41

All Hallows'

Gift Aid: £528.49
Loose Plate: £153.82
Non Gift Aid: £20.00

Ss Gabriel & Raphael

Gift Aid: £85.00
Loose Plate: £93.04
Standing Orders: £140.50

St Mary Magdalene

Loose Plate: £132.00

Here are the latest articles on our parish blog: amdg.page

- ❖ Details on the [Friends of the Holy Land Webinar](#)
- ❖ A [Job Opportunity](#) in St Helen's Caerphilly
- ❖ The chance to [reflect on the Four Constitutions](#).
- ❖ Would you want to [volunteer with CAFOD](#)?
- ❖ A short reflection on [St Paul, a missionary disciple](#)

Our local Catholic Schools:

Cardinal Newman RC Secondary, Rhydfelin 01443 494110

Email: headteacher@cardinalnewman.co.uk

S.S. Gabriel and Raphael RC Primary, Tonypany 01443 433094

Email: admin@ssgabrielraphaelrcprimary.rctcbc.cymru

St Michael's RC Primary, Treforest 01443 570090

Email: admin@stmichaelsrcprimary.rctcbc.cymru

The Latest News

The Ways of Praying

Every Monday by Zoom from 15th Jan – 12th Feb, we'll be exploring the Ways of Praying. Join the call from 1.45 pm, guest speaker at 2 pm leading into a prayer exercise. At 2.45 you're free to drop off if you're on the school run or stay for Q&A. Call ends at 3 pm. To book:

tinyurl.com/Ways2Pray or contact 01443 402439. *The course is free but you must register to get the Zoom link.*

Following Christ

This started last Monday; it's not too late to join for week 2. *Following Christ* will be open for everyone at St Dyfrig's Parish Presbytery on Mondays from 7pm to 9pm. You're welcome to join in person or via Zoom. Please book:

tinyurl.com/FC-Spring24 or call [01443 402439](tel:01443402439). *Dates: Jan 29, Feb 5, 12, 26, March 4, 11. Retreat Day (in person only): Sat 24th Feb.*

Union of Catholic Mothers (UCM)

You are invited to join the All Hallows Union of Catholic Mothers. We meet in the church hall every Thursday at 2:15 pm for prayers, a chat and a cuppa. Find out more on our Parish Blog:

olovrct.org.uk/union-of-catholic-mothers-ucm/

Kevin Power RIP

Please keep the soul of Kevin Power and his family in your prayers, he passed away last Sunday. Kevin used to accompany the choir at St Dyfrig's on the organ, may he rest in peace.

Foodbank – Nile Street [Pontypridd](https://www.pontypridd.org.uk/) 01443 404 692 and [Taff Ely](https://www.taffely.org.uk/) Foodbank 01443 520 730

All Hallows Church: We would like to make an appeal for more donations please. An item per family would fill the weekly box. Thank you for your generosity. The box at All Hallows is emptied every Wednesday. If you would like to donate money, kindly consider gift aiding your contributions. The forms are in the FB box in the foyer.

St Dyfrig's: thank you for the continued support from St Dyfrig's, it really does make a difference. We are in desperate need of the following; jars of jam, UHT milk, jars of curry or Bolognese sauces, cartons of UHT fruit juices, tins of rice pudding or custard and tins of fruit. Again thank you for your continued support.

All Hallows' Donated Items

Please do not leave any 'donated' religious items on the tables in the foyer. We cannot dispose of them. We cannot accept anymore Christian books either until we have created a bookshelf for our current books.

Afternoon Tea

The next Afternoon Tea is on **Friday 9th February** in the Annex at 2pm. All welcome.

Elwyn Williams

Maria Williams and family would like to extend their heartfelt thanks to the Tuesday Rosary Group and everyone for all the prayers and support provided to Elwyn. A big thank you for your mass and sympathy cards. We are forever grateful. May God bless you all.

All Hallows Community Garden

There will be a brief meeting in the church hall on 28th January 2024 after mass to discuss the way forward and to make plans for the All Hallows Community Garden and other gardens surrounding the church. Any ideas welcome. Please come along and find out how you can be involved in anyway large or small.

St Dyfrig's Sunday Tea and Coffee

We are looking to find two more volunteers to help out with tea and coffee after mass on a Sunday. The role entails setting up the annex (making sure the tables and chairs are set up, preparing jugs of coffee, a pot of tea, plates of biscuits etc) and serving tea and coffee to parishioners after Mass. All the cups and plates then have to be washed up and replaced in the cupboards. If you would like to help, please see any member of the team or pass your name and contact details to the office.

Friends of St Dyfrig's Christmas winners

Congratulations to all the winners of the Christmas draw, you can collect your prizes from the St Dyfrig's Sacristy.

1: Helen Friel (106) (£100) 2: Alwyn Pugh (83) (£50)
3: Wayne Coughlin (61) (£20) 4: Joyce Dyer (159) (£10)
5: Veronica Atkins (81) (£10). 6: M. White (53) (£10)

ST DYFRIG'S CHURCH CLEANING

Thank you to all the volunteers who helped over the past year in keeping our Church clean and tidy. It is very much appreciated. We will be cleaning the Church again on Wednesday 31st January 2024 from 10.30am. Anyone who can spare an hour or so to help will be really welcome. Tea, coffee and biscuits will be provided.

Lectio Group

If you would like to join the online *Lectio Divina* group we would be delighted to hear from you. At the moment we meet on Zoom at 6.30 pm on a Tuesday. If this time is not suitable for you we can certainly discuss an alternative time. Either way please get in touch with Anna Mayer so you can be sent the zoom link. Email anna@mayer.co.uk

Eucharistic Adoration

Exposition of the Blessed Sacrament at All Hallows will continue on the first and third Saturdays following 10 am mass until 12. We are looking for people to commit an hour of adoration once a month in order to sustain a rota of 'watchers' during adoration. If you can, please contact Marita on [07960 206916](tel:07960206916). The next dates for adoration are 3rd and 17th February. Come and spend time with Our Lord in silent adoration.

Mass and Service times for this week

	<i>Place</i>	<i>Time</i>	<i>Service with intentions</i>
Saturday 27 th January	All Hallows, Miskin	10am	Mass – Mary James <i>RIP</i>
	Ss Gabriel & Raphael, Tonypandy	5pm 5:30pm	Confession Mass – Dave and Pat Price <i>RIP</i>
Sunday 28 th January 4th Sunday of Ordinary Time	All Hallows, Miskin	8:45am 9:15am	Confession Mass – Ken Poole <i>RIP</i>
	St Dyfrig's, Treforest	11:15am	Mass – Cyril + Albert Davis
	Penrhys Shrine	2:45pm	Rosary
	St Mary Magdalene, Ynyshir	3:30pm 4pm	Confession Mass - Norman Paul
	St Dyfrig's, Treforest	7pm	Confession
Monday 29 th January	Ss Gabriel & Raphael, Tonypandy	9:15am 9:30am	Morning prayer Service of the word with Holy Communion
	St Dyfrig's, Treforest	11 am	Mass – Huw and Mari Hopkins <i>RIP</i> <i>Followed by adoration until 12 noon.</i>
Tuesday 30 th January	St Mary Magdalene, Ynyshir	9:00am 10am	Adoration with 9.40 Morning Prayer Mass –
	From home	9pm	Rosary for the sick members of our parish
Wednesday 31 st January <i>St John Bosco</i>	Ss Gabriel & Raphael, Tonypandy	9:15am 9:30am	Morning prayer Service of the word with Holy Communion
	All Hallows', Miskin	10am	Mass – Elwyn Williams <i>RIP</i>
	St Dyfrig's, Treforest	10am	Service of the Word with Communion <i>Church open for prayer until 2pm</i>
Thursday 1 st February	St Dyfrig's, Treforest	10:30 am	<i>Church open for prayer until 2 pm</i>
	All Hallows, Miskin	10 am	Mass – Holy Souls resting in the Columbarium
Friday 2 nd February The Presentation of the Lord	Ss Gabriel & Raphael, Tonypandy	9:15am 10:00am	NO Morning Prayer and Adoration NO Mass –
	St Dyfrig's, Treforest	6:00pm 6:30pm	Praise and worship Mass -
Saturday 3 rd February	All Hallows, Miskin	10am	Mass – Reparation for Our Lord's abandonment <i>Followed by Adoration until midday</i>
	Ss Gabriel & Raphael, Tonypandy	5pm 5:30pm	Confession Mass – (With Communion Enrolment)
Sunday 4 th February 5th Sunday of Ordinary Time	All Hallows, Miskin	8:45am 9:15am	Confession Mass – George Peter Franks-Herbert <i>RIP</i> (With Communion Enrolment)
	St Dyfrig's, Treforest	11:15am	Mass – Maureen Davies (With Communion Enrolment)
	Penrhys Shrine	2:45pm	Rosary
	St Mary Magdalene, Ynyshir	3:30pm 4pm	Confession Mass - (With Communion Enrolment)
	St Dyfrig's, Treforest	7pm	Confession

Pastor Gareth is away at a conference in London Wed-Fri. Sr Berenice is away at an event for religious order members on Friday. So Canon Pat will celebrate the All Hallows Thursday Mass at 10 am, and Pastor Gareth will celebrate Mass (for Candlemas) at St Dyfrig's when he returns on Friday evening.